

Youth Services Network Agenda
Monday September 11, 2023 9:15am
Cornell Cooperative Extension Association of Jefferson County
West Room

Notes

- 1) Introductions were made.
- 2) Review May 8, 2023 notes. No changes were suggested.
- 3) Program presentation

Citizen Advocates – Natasha DeMercado

Citizen Advocates opened up in May. They are open 7-days a week for outpatient services, the hours of operation are 8am-7pm. It is a slow opening as the organization gets fully staffed, licensed and up and running. If someone doesn't meet the criteria for inpatient or not suicidal then Citizen Advocate can work with them. They can work with both adults and youth. They can prepare a safety plan and assessment with individuals. They do have crisis support available within one hour of time. As a person enters the facility, they must complete intake paperwork and then they are seen almost instantly. If a clinician is not immediately available, they may be seen by one of their nurses. As individuals leave and go home, referrals are made as necessary. Individuals could be referred to crisis residence, as well as adult addiction services for youth. Adult addiction services are ready. Youth addiction services will be available soon. They are working towards their 589 status for adults and youth who are 5 and up. They are currently working with a 3-year-old, but this is an exception due to circumstances. Youth groups and parenting classes are being offered. Their overall goal is to get them safely back into the communities. If youth can't attend school, then they will work with the students to ensure their education is provided.

Assessments are completed for – suicide, substance abuse, anxiety, depression, homicidal for the development of the safety plan and to determine the level of care.

In the case of noncrisis the question was asked - how long until they see a clinician – should be seen in a week. It is two to three weeks out for doctors; and they accept all insurances, self-pay, no insurance;

Parenting classes – Tuesdays, will send to Stephanie to send out.

Criteria for groups – treatment plan is needed, but not denying anyone either – they would work to get the treatment plan completed for an individual attending group.

Telehealth services are available – we use MEND for this.

Clinicians have their specialities, but they work to meet everyone who needs to be seen.

Experience with eating disorders – they do have a clinician that has experience working with clients with eating disorders.

Clinicians fully staffed by end of September. They are seeing 2.5 crisis daily. Clinicians are not at capacity at this time. 90-100 billable services in a month would be normal and they are currently at 70 billable hours monthly.

More adults in the summer, but now that school has started schools are referring youth. 60/40 adult/youth. More likely due to substance abuse.

4) Program Updates

Sci-Tech exhibit open at the zoo.

Youth Bureau – recreation scholarships (10/1/23 – 9/30/24) are available and are increased to \$15,000. A new funding stream was added two years ago, sports and recreation focus – an additional \$10,344 was awarded to this area of focus – one time infrastructure changes is what we think it will be for. Youth bureau \$68,026 team sports additional monies is awarded, waiting on further guidance. Reimbursement based. New Youth Bureau Director, Tara Altieri was introduced.

NCPPC – program expansions are taking place – Family Opportunity Center Watertown and Gouverneur location. To help parents meet their needs. They are located at the Watertown City School District Massey Street Building.

BOCES – community newsletter is still being distributed, it is also on the community schools website; sent electronically. If you want information included please send by 20th of each month.

Family Engagement at WCSD – Betsy Hennessey is looking to collaborate with others. Will be focusing on college opportunities and culturally relevant activities.

YMCA – Samantha Hamilton has an additional new role of Events Coordinator. She shared that the Festival of Trees is coming up and she could use help with this.

Encompass – finished first fiscal year, planned on 4 events and we had 15 events; open swim at TI central school and then will be at YMCA when the new building is finished; 4 lego events a month; indoor soccer 48 youth are participating; indoor track taking place; Lowville Theater sensory movie; free with higher support needs; don't require or ask for

diagnosis; only ask what do they need from us; received a large grant Indian River Lake Conservancy for trail work; more is coming;

Parent Services Manager at CAPC – increased income guidelines for family assistance; manage providers in our area to refer to available childcare.

Access VR, two vocation counselors in all the high schools, experienced counselors, preemployment transition services.

Teen Center back to normal hours 2:30-8pm free snack and dinner, awesome programming available.

Foster care actively recruiting; they are working to see how they can help foster parents; we do have 8 families in training; kinship awareness run in SLC over the weekend was successful.

Parenting Department is back to offering referral base parenting education classes; 1 to 1 in home classes; and new parenting education classes, reduced fee \$75 a class; working with funding source to cover the cost; full service Community School grant is up and going we have 4 full time positions posted list location

Q Center serves individuals ages 10-29, added Tween program; added in Gouverneur group with an Open House coming up; social media is the best place to find us;

Planned Parenthood had an Open House, still accepting 1 on 1 sessions for topics such as reproductive health; peer education program is almost fully staffed – starting a schedule of events soon;

Several are interested in a tour of Citizen Advocates. Stephanie Graf will work to schedule this before the next meeting.

5) Next meeting date and time

November 13, 2023 9:15am Anne Garno from NCPPC will present.

Respectfully submitted,
Stephanie Graf